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SAT 1

Today we pray for volunteers,
Almighty God, grant those who volunteer the strength to carry out their duties with unwavering dedication. May they find the energy to persevere through challenges and to face each day with a renewed spirit. Amen
"I can do all things through Christ who strengthens me." — Philippians 4:13

THANKSGIVING

Ramadan
Kareem

Sunday 2 March

John Nightingale invites us to pray,
This year Lent and Ramadan almost overlaps. Let us pray for all worshippers, Christian and Muslim, who strive to get closer to God through prayer, study, fasting and almsgiving.

Gracious God, we ask you to help us to put you first and to live more simply than others may simply live. Amen

All these CofEB Praying Together prayers can be found on our website www.dio.org.uk/CofEB-PT

To submit your expression of prayer go to www.dio.org.uk/PTprayer or by post – Comms Team, John Cadbury House, 190 Corporation St, Birmingham B4 6QD



MON 3

Prayer today is inspired by World Wildlife Day,
Almighty Father, we pray for the preservation of natural habitats. Guide us to respect and protect the homes of all creatures, ensuring that biodiversity flourishes on the Earth we share. Amen

TUE 4

Today is Shrove Tuesday,
On this Shrove Tuesday, Lord help us to enjoy and give thanks to you for the bounty you provide for us and remind us to share your gifts with others. And as Lent begins, prepare our hearts and minds to reflect. Amen

WED 5

Today is Ash Wednesday,
The Collect of the day,
Almighty and everlasting God, who hast made and dost forgive the sins of all them that are penitent: create and make in us new and contrite hearts that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee, in the unity of the Holy Spirit, one God, now and for ever. Amen

LIVING
HOPE

THU 6

Almighty and ever living God, you invite us deeper into your world, your people, your Lent. May this time be one of outward focus; seeking you in those we often ignore. Help us live a Lent focused on freedom, generosity, and encounter. Give us hearts hungry to serve you and those who need what we have to give. Amen

FRI 7

Lord of Justice, bless all involved in FairTrade. Inspire us to support farmers and workers worldwide. May our choices honour their labour and create fairness, hope, and dignity for all. Amen

SAT 8

St Michael and All Angels Bartley Green invites us to pray,
Lord, we give thanks for planning permission to improve access to our building. We pray now with our Sisters and Brothers in Christ, as we work to make changes to our doors and improve safety for our nursery children. We look forward to making our church more accessible to the community. Amen

FIRST SUNDAY OF LENT

Sunday 9 March

Today is the Day of Reflection across the UK for the COVID-19 pandemic,
Lord God, the maker and redeemer of all, as we come before you in thanksgiving for the gift of health and life, we grieve for the thousands who have died: comfort us with your presence, sustain us with the hope of your kingdom, and give us grace to live our lives well; through Jesus Christ our Lord. Amen

MON 10

Heavenly Father, we pray for the people of Birmingham and surrounding areas who seek connection and hope. May they reach out to local churches, find love and support, and experience the transformative power of your presence in their lives. Amen

TUE 11

Dear Lord, comfort those searching for work and feeling lost. Inspire them with hope, renew their energy, and guide them towards opportunities that align with their heart's desires. Amen

WED 12

Canon Claire Laland, Malawi Task Group, invites us to pray,
Heavenly Father, we pray for the cholera vaccination program in Malawi, following the resurgence of the disease which has caused over 200 cases and 13 deaths since September 2024. Bring healing to the affected and strength to those fighting this disease. May your mercy prevail. Amen



THU 13

Dear God, protect and keep the children in our schools safe from harm. Watch over them as they learn and grow, filling their hearts and minds with love, kindness, and wisdom. Amen

FRI 14

God of Hope, draw near to us this Lent. May this be a time of inward searching that makes us more able to look with compassion at the needs of the world. Fill us with your joy and peace as we prepare to celebrate all that Jesus did for us at Easter. Amen

SAT 15

Prayer today is inspired by International Day to Combat Islamophobia,
Dear Creator, grant us wisdom and compassion to embrace diversity. Heal hearts burdened by fear and misunderstanding. Let love and understanding triumph over hate, fostering unity among all people. Guide us to stand together in peace and respect. Amen

SECOND SUNDAY OF LENT

Sunday 16 March

The Parish of St Matthew with St Chad invites us to pray,
We give you thanks and praise as we continue to meet as Christ's body for worship and witness and work. We pray for those who live in, pass through, and work in our Parish and ask you to bless and guide all those who work at the Metropolitan hospital. Lord in your mercy, hear our prayer. Amen

MON 17

Prayer today is inspired by Ephesians 4:32, "Be kind and compassionate to one another, forgiving each other, just as in Christ God has forgiven you."





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TUE 18

Prayer today is inspired by Global Recycling Day



God of all Creation, thank you for the many good gifts you have given us – so much beauty and abundance in creation all around us. Forgive us for polluting the environment without considering the impacts on people and creation. We pray that world leaders would act on plastic pollution, coming together to agree on an ambitious and binding plastics treaty. Give wisdom and soft hearts to those involved in the negotiations. Amen

WED 19

Mothers' UNION

Heavenly Father, we lift up the new Mothers' Union Diocesan President, Rowena Nicholls and the new Trustees as they are commissioned on Saturday 22 March at Birmingham Cathedral. Grant them wisdom, strength, and unity in their service, and bless their efforts to uplift and support communities in your name. Amen

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THU 20

Prayer today is inspired by International Day of Happiness,

Dear God, thank you that you invite your church to be part of the hope you bring to the world. Where we find ourselves in need of hope, help us to reach out to others. And please show us how we can be hope-bearers in our families, workplaces and communities. Amen

FRI 21

Prayer today is inspired by International Day for the Elimination of Racial Discrimination,

Dear Divine Spirit, unite our hearts in understanding and love. Heal the wounds of racial injustice and guide us toward compassion and equality. May we embrace diversity and work together for a world free from discrimination and filled with harmony. Amen

SAT 22

World Water Day,

Loving God, we ask for your blessings on communities who are thirsty. Purify, protect, and multiply their water sources. Strengthen their resolve so they may fully enjoy the benefits of clean water and essentials like education, gardens of fresh produce, and good health. Amen

THIRD SUNDAY OF LENT

Sunday 23 March

The Parish of St Matthew with St Chad,

We give thanks for the calling of your people in every place and generation. We ask you to bless and equip for your service all those you are calling.



Thoughts

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MON 24

St Germain's Heating Project: For a Warm Church in a Green World,

We give thanks for the grants that are enabling new, green heating to be installed. As a growing church community we're looking forward to being able to afford to heat our space for much of the week and welcome people into a warm building! Please pray with us as we clear the cellar and the contractors move in.

TUE 25

The Annunciation of Our Lord to the Blessed Virgin Mary,

Almighty God, so fill us with your grace, that we in all things may accept your holy will and with the Virgin Mary, full of grace, rejoice in your salvation; through Jesus Christ our Lord. Amen

WED 26

Prayer today is from John Nightingale and is inspired by The Great British Spring Clean (21 March to 6 April),



Let us pray for all taking part in Great British Spring Clean.

Gerard Manley Hopkins reminds us that nature is never spent "Because the Holy Ghost over the bent world broods with warm breast and with ah! bright wings."

THU 27

Today we think deeply for those who have no peace,

We pray for those who are troubled and torn apart by lack of self esteem, for those who torment and victimise the vulnerable. We lift up men and women affected by violence in the home and for those who live by violence. We pray for those who are trafficked and for those who organise and profit from selling other humans. May they learn of your love and somehow come to newness of life even if in the midst of despair. Amen

FRI 28

LGBT+ Chaplaincy Team invites us to pray,

Loving God, we pray for all those involved in the ongoing work on Prayers of Love and Faith (LLF). For those seeking progress towards standalone services, as well as for those who do not support further developments. Most of all we pray for those who continue to suffer hurt, rejection and exclusion in the church. Give them courage and hope in their troubles and bring them the joy of your love. Amen

SAT 29

Tomorrow is International Day of Zero Waste,

Dear Creator, guide us in our mission to honour the Earth. May we embrace sustainable practices, reduce waste, and protect nature's beauty. Inspire global unity in combating pollution for the health of our planet and future generations. Amen

FOURTH SUNDAY OF LENT

Sunday 30 March

Today is Mother's Day,

Lord, we pray for all who nurture and care, whether as biological, adoptive, foster, spiritual mothers, or caregivers. Recognise their dedication and bless them with your love and protection. May they know the true value of their service in the hearts they shape and the lives they touch. Amen



MON 31

The Parish of St Matthew with St Chad invites us to pray,

Lord we ask you to draw close to all in need in our parish, amongst them: the sick and the dying; the frail and those who are old; the lost and the forgotten; the poor and the homeless; the lonely and the undervalued. Lord in your mercy, hear our prayer. Amen